

SAVE ENERGY IN YOUR HOME

Here are some energy-reducing tactics you can try:

Making the smallest of changes around your home can cut your energy usage and help you save money too.



Move any furniture that's right against your radiators. It'll release the heat.



Match the size of your saucepan to the size of the hob. Then you won't waste heat.



Use the 'eco' button on your washing machine (if you have one).



Allow as much natural light into your house as possible. You'll use your lights less.



Defrost your freezer regularly to remove the build-up of ice. It'll help it work better.



Pour the right amount of water into your kettle for just one or two cups of tea. You'll use less energy and it'll heat up quicker.



Prep a meal in advance by batch cooking for two or more nights. You will save energy by cooking less.



Charge your mobile phone for 2 to 3 hours instead of leaving it on charge all night.

Want more tips?

For more tips on bringing your energy usage and bills down, visit: www.midlandheart.org.uk/energysaving

Need help with paying your energy bills?

Speak to our Money Advice Team. You can reach them on 0345 60 20 540 or visit www.midlandheart.org.uk/moneyhelp