

Managing **damp** and **mould** in your home

What is damp, mould and condensation?



Damp is the build up of excess moisture in a building or home. This can be caused by water leaks, structural issues or water from external sources entering the property. If left untreated, this can create the perfect environment for mould growth.

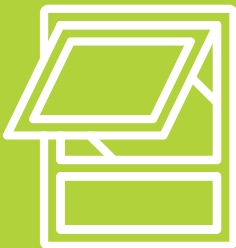


Mould is a fungus that will grow wherever there's moisture. Mould can appear as black pin pricks on walls, ceilings, sealants and surfaces, and often has a musty smell.



Condensation is when warm air meets cold surfaces, which results in water droplets forming. This can form on surfaces such as glass, walls and tiles.

How can I reduce moisture in my home?



Let fresh air into your home for an hour each day, this will replace the moist air with drier air from outside.

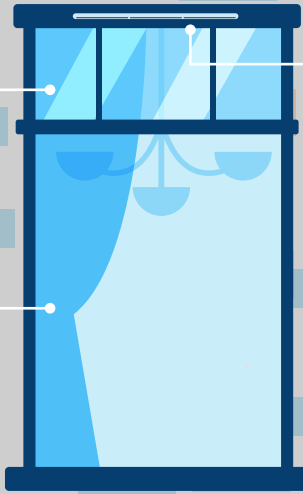
Open your windows slightly, upstairs and downstairs, at opposite ends of the house. Leave internal doors open so air can move around.

Windows, doors and vents

Wipe condensation off your windows

Keep curtains open during the day

Never block or cover air brick vents



Leave trickle vents on windows open all year round

Regularly check the outside of your home for any signs of damage or leaks and report any issues to us as soon as possible

Bathing

After bathing or showering, leave the bathroom window open for 30 minutes and wipe down any wet areas after use

Fill your bath with cold water first and then add hot water, this reduces moisture by 90%

If you have extractor fans, always use them when bathing

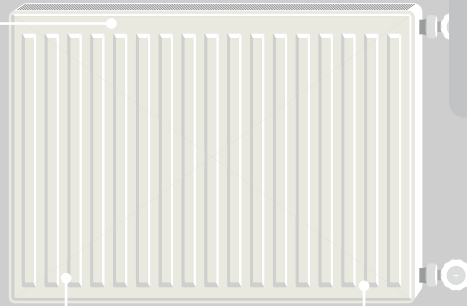
Keep your bathroom doors closed during and after use



Heating

Don't dry clothes on radiators – a clothes rack can be used in front of an open window

Turn your heating on at least twice a day for 30 minutes during the winter – early morning and in the evening



Keep your home heated between 18 - 22 °c

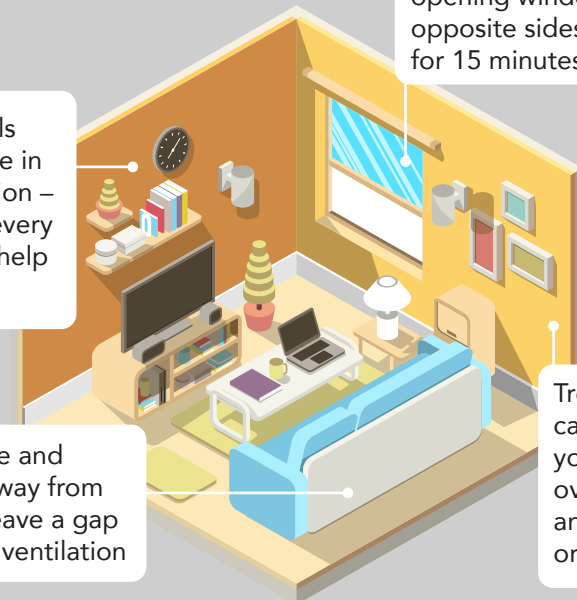
Your home

Make sure walls and ceilings are in a good condition – redecorating every few years can help with this

Keep furniture and belongings away from your walls - leave a gap for improved ventilation

Increase ventilation by opening windows wide on opposite sides of your home for 15 minutes every morning

Treat any minor cases of mould in your home using over the counter anti-mould sprays or paints



Cooking

Use lids to cover pots when cooking

If you have extractor fans, always use them when cooking

Keep your kitchen doors closed during and after use

Check out our web page for more handy information on managing damp and mould in your home.

It's really important that you report any issues you're having with damp and mould to us as soon as possible. You can do this by calling our Hub on **0345 60 20 540**.



Scan here for more info

